10 questions to ask your mum about her life

About her, not about being your mum: the twenty-odd years before you, and the person she still is.

Pick three. Ask one at a time, and stay with whichever one she warms to.

No. 01 What did your mum call you when you were little?

No. 02 Who taught you to cook, and what was the first meal you made on your own?

No. 03 What did you and your friends do on a Friday night when you were eighteen?

No. 04 Which brother, sister or cousin were you closest to growing up, and why them?

No. 05 What did people expect you to do with your life, and what did you think of that?

No. 06 What did your own mum teach you that you still do without thinking?

No. 07 When you were young, where did you picture yourself living, and why there?

No. 08 Tell me about a time before you were thirty when you were frightened but did it anyway.

No. 09 What was the first place you lived away from home, and what was in it?

No. 10 What were you good at that we never got to see?

Rather someone else asked? Amanda records the conversations and writes them into a life story the family keeps. captureandkeep.co.uk/life-story/

Capture Cards, coming soon: a boxed set of 36 conversation cards for the family table, none of them on this sheet. captureandkeep.co.uk/capture-cards/

This sheet comes from captureandkeep.co.uk/questions/questions-to-ask-your-mum/, with more on how to ask.