10 questions to ask your dad about his life

The boy he was, the friends he had, and the things he can do with his hands that nobody has asked about.

Ask side by side rather than face to face: in the car, on a walk, over a job in the shed.

No. 01 Who in your family was good with their hands, and what did they teach you?

No. 02 Where did you go when you wanted to be on your own as a boy?

No. 03 Who was your best mate at fifteen, and how did you meet?

No. 04 What was the first long journey you made without your parents?

No. 05 Which team, sport or hobby did you follow, and who got you into it?

No. 06 What was the best advice your own father gave you, and did you take it?

No. 07 What were you like at twenty-one, and what would your mates have said about you?

No. 08 Tell me about a time you stood up for someone.

No. 09 What did you and your mates get up to that your parents never found out about?

No. 10 What do you think your dad would make of the way you turned out?

Rather someone else asked? Amanda records the conversations and writes them into a life story the family keeps. captureandkeep.co.uk/life-story/

Capture Cards, coming soon: a boxed set of 36 conversation cards for the family table, none of them on this sheet. captureandkeep.co.uk/capture-cards/

This sheet comes from captureandkeep.co.uk/questions/questions-to-ask-your-dad/, with more on how to ask.